

Sailing Class OTW Session 6

Fifth Sailing Outing

Goals:

Continue To:

- Practice Basic Sailing Skills
- Increase Your Sailing Awareness

New for Today:

1. Observe other boats to tell if other boat will pass in front of you, behind you, or is on a collision course.
2. Observe other sailboats and determine who has the right of way.

New Exercise for Today—Observe Other Boats to Assess Collision Risks and Right of Way:

1. Observe the relative bearing of other boats and learn how to tell:
 - If that boat will pass in front of you
 - If that boat will pass in back of you
 - If you are on a collision course
2. Observe other sailboats potentially on a collision course with you and determine which boat is the give-way vessel.

Continue Trying to Practice Basic Sailing Skills and Increase Awareness:

- Strive for constant awareness of point of sail that you are sailing.
- Observe the telltales on the jib and on the mainsail. When trimming sails in “pull mode” try to get the telltales streaming back smoothly as much as possible.
- When helming, no “drunken sailor” helming. Dampen your movements in frequency and amplitude. Make small course corrections. Try to stay on the point of sail you intend and for which the boat is trimmed.