

# **Sailing Class OTW Session 5**

## **Fourth Sailing Outing**

### **Goals:**

Continue To:

- Practice Basic Sailing Skills
- Increase Your Sailing Awareness

New for Today:

1. Tacking – Close Haul to Close Haul, Observe Change in Heading
2. Tacking – Beam Reach to Beam Reach, Observe Change in Heading

### **New Exercise for Today—Observe Change of Heading when Tacking, and Understand Role of True vs. Apparent Wind in what you Observe:**

1. On a Close Haul:
  - Observe where you expect to be heading after tacking.
  - Note compass heading.
  - Tack to close haul on other tack.
  - Observe where you are heading and how that compares to what you expected.
  - Note compass heading and arc through which you tacked.
2. On A Beam Reach:
  - Note compass heading.
  - Tack to beam reach on other tack.
  - Note compass heading and arc through which you tacked.

### **Continue Trying to Practice Basic Sailing Skills and Increase Awareness:**

- Strive for constant awareness of point of sail that you are sailing.
- Observe the telltales on the jib and on the mainsail. When trimming sails in “pull mode” try to get the telltales streaming back smoothly as much as possible.
- When helming, no “drunken sailor” helming. Dampen your movements in frequency and amplitude. Make small course corrections. Try to stay on the point of sail you intend and for which the boat is trimmed.