



TREATMENT

The Oregon Youth Authority provides evidence-based and research-informed treatment and services

Each youth in OYA receives treatment, services, and other programming customized for that youth's individual needs.

Treatment helps youth address issues that led to their criminal behavior and develop new ways of thinking and acting.

Progress in treatment is a key factor in determining when a youth is ready to return to the community.



**900 YOUTH
SUPERVISED IN
COMMUNITIES**

**600 YOUTH
SUPERVISED IN
CLOSE CUSTODY**

**\$398 MILLION
2015-17 BUDGET**

**1,085 EMPLOYEES
DEDICATED TO
HELPING YOUTH
SUCCEED**

**AN AVERAGE OF
74% OF YOUTH
WHO LEAVE OYA
ARE CRIME-FREE
AFTER 3 YEARS**

OREGON YOUTH AUTHORITY

Our mission is to protect the public and reduce crime by holding the youth in our care and custody accountable and providing opportunities for reformation in safe environments.

Each youth under OYA's supervision – whether in a community placement or a close-custody setting – receives treatment, services, and other programming customized for that youth's individual needs.

The treatment is designed to help youth address issues that led to their criminal behavior and develop new ways of thinking and acting. The specific types of treatment and other services each youth receives is based on assessments of that youth's risk and needs that occur within 30 days of when the youth is placed in OYA's care and custody.

Treatment may be provided in one-on-one sessions or in groups. Some treatment is designed to address specific types of criminal behaviors such as fire setting or sex offenses. Other treatment may focus on trauma, anger management, mental health needs, alcohol and drug use, or developmental issues.

Options primarily for female offenders include Dialectical Behavior Therapy (DBT) and Seeking Safety. DBT teaches youth with a history of suicidal behavior and/or non-suicidal self-injurious behavior and interpersonal difficulties the skills they need to manage their emotions and relationships in safe and healthy ways. Seeking Safety is a program to help youth with a history of trauma and substance abuse learn to monitor and manage their symptoms and develop interpersonal skills that help promote their safety.

Options primarily for male offenders include Aggression Replacement Training, in which youth who display chronically aggressive behaviors learn to improve social, anger control, and moral reasoning skills.

As youth progress through treatment, they begin to learn the positive thinking and interpersonal skills they will need to create productive, crime-free lives for themselves, their families, and their communities. Progress in treatment is a key factor in determining when a youth is ready to return to the community. The ultimate goal is to reduce future victimization and enhance public safety.

