#### 1

## **Quadratic Growth Curve Example**

In these growth curve examples, I do not allow the quadratic term to vary over time. The reason for this is that a curvilinear effect with three time points is likely to lead to convergence problems. The number of time points (or  $n_j$  in the group nested case) creates limitations for the number of random effects that can be included in the model, and the model may either be theoretically not identified (non-positive degrees of freedom) or there may be estimation problems. If one tries to include too many random effects, HLM will give an explicit warning message about degrees of freedom. In SPSS, the output for the significance tests for one or more random slope may be suppressed. I centered the time variable in this example which has the advantage of reducing collinearity between the linear and quadratic time variables. Researchers may or may not want to center the time codes. The disadvantage is that the intercept is interpreted as the value of the dependent variable at the middle time point rather than at baseline.

## **SPSS**

I use the GENLINMIXED to get robust standard errors.

```
recode time (0=-1) (1=0) (2=1) into ctime.
compute ctimesq=ctime*ctime.
*need to convert time values to numeric scale.
variable level time ctime ctimesq (scale).
GENLINMIXED
/DATA STRUCTURE SUBJECTS=id
/FIELDS TARGET= depress
/TARGET OPTIONS DISTRIBUTION=NORMAL LINK=IDENTITY
/BUILD OPTIONS DF METHOD=SATTERTHWAITE COVB=ROBUST
/FIXED EFFECTS= ctime ctimesq USE_INTERCEPT=TRUE
/RANDOM EFFECTS=ctime USE INTERCEPT=TRUE SUBJECTS=id
COVARIANCE TYPE=UNSTRUCTURED.
*here is the syntax for the standard mixed command
*MIXED depress WITH ctime ctimesq
 /METHOD = REML
 /PRINT = SOLUTION TESTCOV HISTORY
 /FIXED = ctime ctimesq | SSTYPE(3)
 /RANDOM = INTERCEPT ctime | SUBJECT(rid) COVTYPE(UN).
```

#### **Model Summary**

		•	
Target	depress Summed CESD score		
Probability Distribution	Normal		
Link Function	Identity		
Information Criterion	Akaike Corrected	4908.356	
	Bayesian	4926.497	

Information criteria are based on the -2 log likelihood (4900.299) and are used to compare models. Models with smaller information criterion values fit better.

#### **Coefficients of Determination**

Pseudo-R Square	Marginal	.030	
Measures	Conditional	.603	

#### Fixed Coefficients a

					95% Confidence Interval		
Model Term	Coefficient	Std. Error	t	Sig.	Lower	Upper	
Intercept	11.733	.6342	18.502	<.001	10.486	12.980	
ctime	-1.911	.2883	-6.628	<.001	-2.479	-1.343	
ctimesq	951	.4747	-2.004	.046	-1.888	015	

Probability distribution: Normal Link function: Identity

a. Target: Summed CESD score

<sup>&</sup>lt;sup>1</sup> Centering does not reduce collinearity except in cases where one variable in the model is computed as a product of one or more variables also used in the model.

#### Random Effect

					95% Confidence Interval		
Random Effect Covariance	Estimate	Std. Error	Z	Sig.	Lower	Upper	
UN (1,1)	49.798	5.807	8.575	<.001	39.623	62.587	
UN (2,1)	-2.884	2.280	-1.265	.206	-7.352	1.585	
UN (2,2)	1.883	2.440	.772	.440	.149	23.861	

Covariance Structure: Unstructured Subject Specification: id

## R

If a random effect for the quadratic variable (ctime2) is attempted, R gives a warning message that the model is "nearly unidentified." I did not include the random effect for the quadratic effect in this example.<sup>2</sup>

```
#quadratic growth curve model
#create centered time variable and squared-centered time variable
> mydata$ctime <- mydata$time - 1
> mydata$ctime2 <- mydata$ctime*mydata$ctime</pre>
> model <- lmer(depress ~ ctime + ctime2 + (ctime|rid), data = mydata,REML=TRUE)</pre>
  summary(model)
Linear mixed model fit by REML. t-tests use Satterthwaite's method ['lmerModLmerTest']
Formula: depress ~ ctime + ctime2 + (ctime | rid)
   Data: mydata
REML criterion at convergence: 4900.3
Scaled residuals:
Min 1Q Median 3Q Max
-2.9569 -0.4749 -0.1224 0.3117 4.9577
Random effects:
                       Variance Std.Dev. Corr
49.798 7.057
 Groups
 rid
           (Intercept)
                         1.883
                                  1.372
                                            -0.30
           ctime
                                  5.942
 Residual
                        35.310
Number of obs: 702, groups: rid, 234
Fixed effects:
             Estimate Std. Error
                                          df t value
(Intercept) 11.7332
                           0.2890 232.9958
0.4758 232.9937
              -1.9112
                                              -6.614
                                                            0.00000000253 ***
ctime
ctime2
              -0.9515
                                              -2.000
                                                                     0.0467 *
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Correlation of Fixed Effects:
      (Intr) ctime -0.071
ctime
ctime2 -0.526
                0.000
> VarCorr(model)
                        Std.Dev. Corr
 Groups
           Name
 rid
           (Intercept) 7.0568
           ctime
                        1.3722
                                  -0.298
 Residual
                        5.9422
  library(MLMusingR)
  robust_mixed(model1)
Standard error type = CR2
Degrees of freedom = Satterthwaite
                        (Intercept)
                                   0.285 -7.162 232 <0.00000000000000002 ***
0.410 -6.426 148 <0.0000000000000000 ***
                -2.042
time
               -2.638
health
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
 library(lmerTest)
  rand(model)
ANOVA-like table for random-effects: Single term deletions
depress ~ ctime + ctime2 + (ctime | rid)
npar logLik AIC
<none> 7 -2450.2 4914.3
                                                  LRT Df Pr(>Chisq)
```

<sup>&</sup>lt;sup>2</sup> If convergence problems occur, you may get a warning message about confidence intervals for the covariance (e.g.,.sig02 are from -1 to 1) or for the variance of the time slope (e.g., .sig03 with the lower CI equal to 0) that suggests untrustworthy results. Running the function warnings() provides additional details, which refer to problems with the "model matrix" (zeta; Bates, D.M., 2010, Ime4: Mixed-effects modeling with R) and estimating the confidence intervals in the iterative process.

```
Ctime in (ctime | rid) 5 -2451.3 4912.5 2.2141 2 0.3305 
> confint(mode], oldNames=TRUE)
Computing profile confidence intervals ... 2.5 % 97.5 % 
.sig01 6.279326 7.89507530 
.sig02 -1.000000 1.00000000 
.sig03 0.000000 2.60464451 
.sigma 5.430323 6.45309743 
(Intercept) 10.550779 12.91559542 
ctime -2.478688 -1.34376542 
ctime2 -1.885803 -0.01718869
```

## **HLM**

#### Summary of the model specified

#### Level-1 Model

 $DEPRESS_{ij} = \beta_{0j} + \beta_{Ij}*(CTIME_{ij}) + \beta_{2j}*(CTIMESQ_{ij}) + r_{ij}$ 

#### Level-2 Model

```
\beta_{0j} = \gamma_{00} + u_{0j} 

\beta_{1j} = \gamma_{10} + u_{1j} 

\beta_{2j} = \gamma_{20}
```

#### Mixed Model

 $\sigma^2 = 35.23966$ 

```
\begin{aligned} DEPRESS_{ij} &= \gamma_{00} \\ &+ \gamma_{10} * CTIME_{ij} \\ &+ \gamma_{20} * CTIMESQ_{ij} + u_{0j} + u_{1j} * CTIME_{ij} + r_{ij} \end{aligned}
```

#### Final Results - Iteration 4

#### Iterations stopped due to small change in likelihood function

τ INTRCPT1, $β_0$  49.82527 -2.88216 CTIME, $β_1$  -2.88216 1.95763

 $\tau$  (as correlations)

INTRCPT1, $\beta_0$  1.000 -0.292 CTIME, $\beta_1$  -0.292 1.000

Random level-1 coefficient	Reliability estimate
INTRCPT1, $\beta_0$	0.809
$CTIME.B_I$	0.100

The value of the log-likelihood function at iteration 4 = -2.449231E+003

# Final estimation of fixed effects (with robust standard errors)

Fixed Effect	Coefficient	Standard error	t-ratio	Approx. d.f.	<i>p</i> -value
For INTRCPT1, $\beta_0$	)				
INTRCPT2, $\gamma_{00}$	11.733188	0.634164	18.502	233	< 0.001
For CTIME slope,	$\beta_I$				
INTRCPT2, $\gamma_{10}$	-1.911226	0.288339	-6.628	233	< 0.001
For CTIMESQ slo	pe, $\beta_2$				
INTRCPT2, $\gamma_{20}$	-0.951496	0.474741	-2.004	233	0.046

## Final estimation of variance components

Random Effect	Standard Deviation	Variance Component	d.f.	$\chi^2$	<i>p</i> -value
INTRCPT1, $u_0$	7.05870	49.82527	233	1221.24362	< 0.001
CTIME slope, $u_I$	1.39915	1.95763	233	258.36673	0.122
level-1, r	5.93630	35.23966			

Statistics for current covariance components model

Deviance = 4898.461714

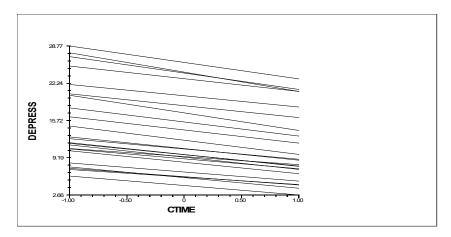
Number of estimated parameters = 4

A growth curve model was tested to investigate whether there was a nonlinear change in depression over time. Both linear and quadratic components were included in the model. The time variable was centered at the midpoint of the study to reduce collinearity between the linear and quadratic components. Because of the limited number of parameters that could be estimated with three time points, the linear slope was allowed to vary across individuals, but the quadratic slope was not allowed to vary. Robust standard errors were used to account for non-normality (Liang & Zeger, 1986). At the midpoint of the study, the mean depression score was 11.73. There was a significant linear decline in depression over the three waves,  $\gamma_{10} = -1.91$ , SE = .29, p < .001, suggesting a decrease in depression scores of nearly two points every six months. The quadratic effect

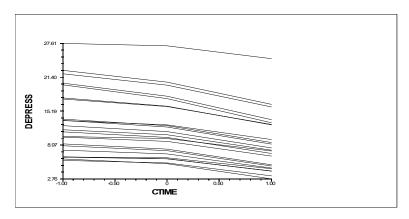
was also significant,  $\gamma_{20}$  = -.95, SE = .47, p < 05, and, based on the examination of Figure 1, suggested an accelerated decline in depression over time. The linear slope did not vary significant across individuals,  $\tau^2_1$  = 1.96,  $\chi^2$  = 258.37, p = .122, suggesting a similar rate of linear decline among participants.

Note: report the Wald *z*-values for the variance (with halved p-values) and covariance effects in SPSS and R or use the profile likelihood confidence intervals in R.

## Individual linear slopes



## Individual quadratic curves



## Average quadratic curve (Figure 1).

