

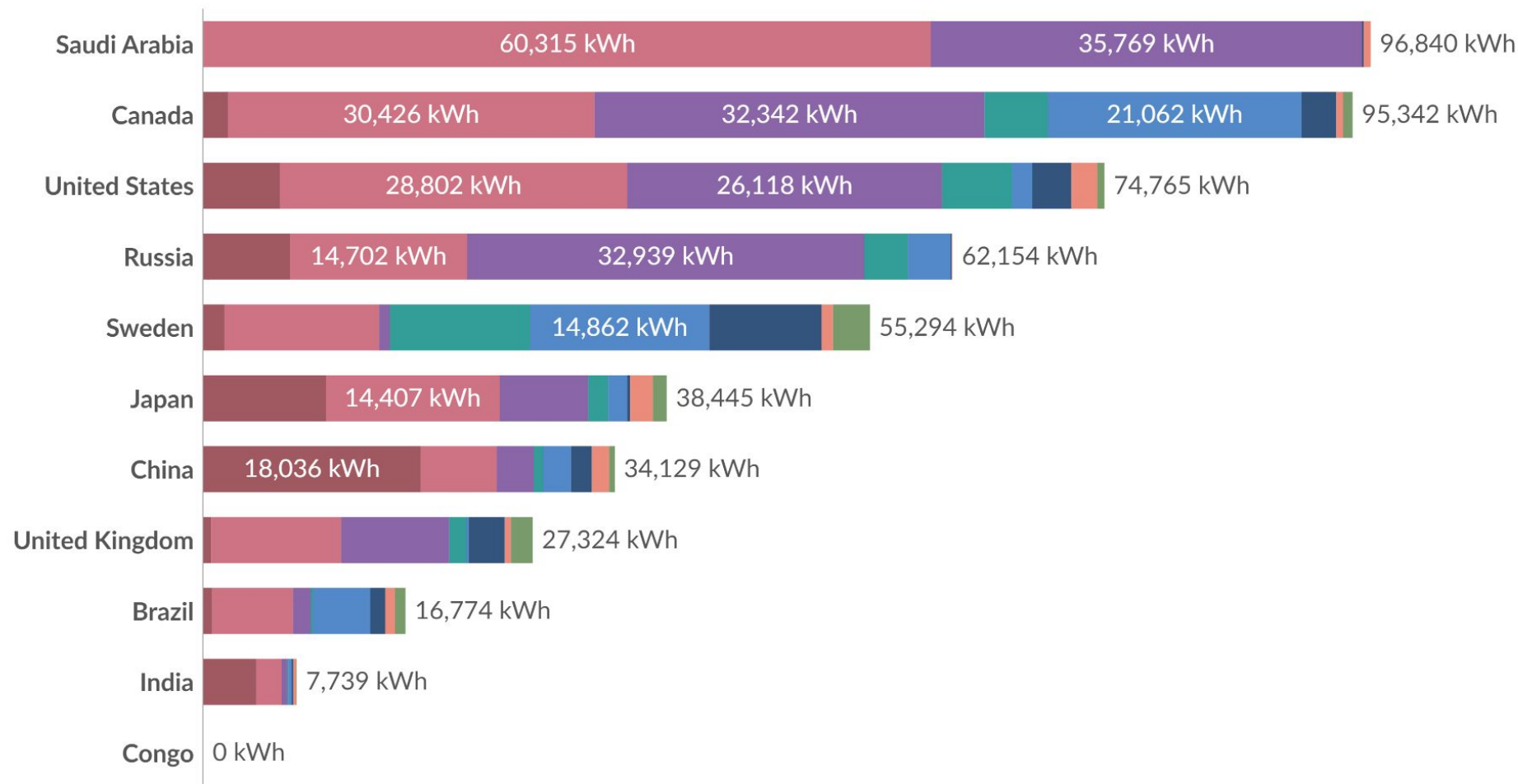
Energy Fundamentals



Per capita primary energy consumption by source, 2024

Primary energy¹ is measured in kilowatt-hours² per person, using the substitution method³.

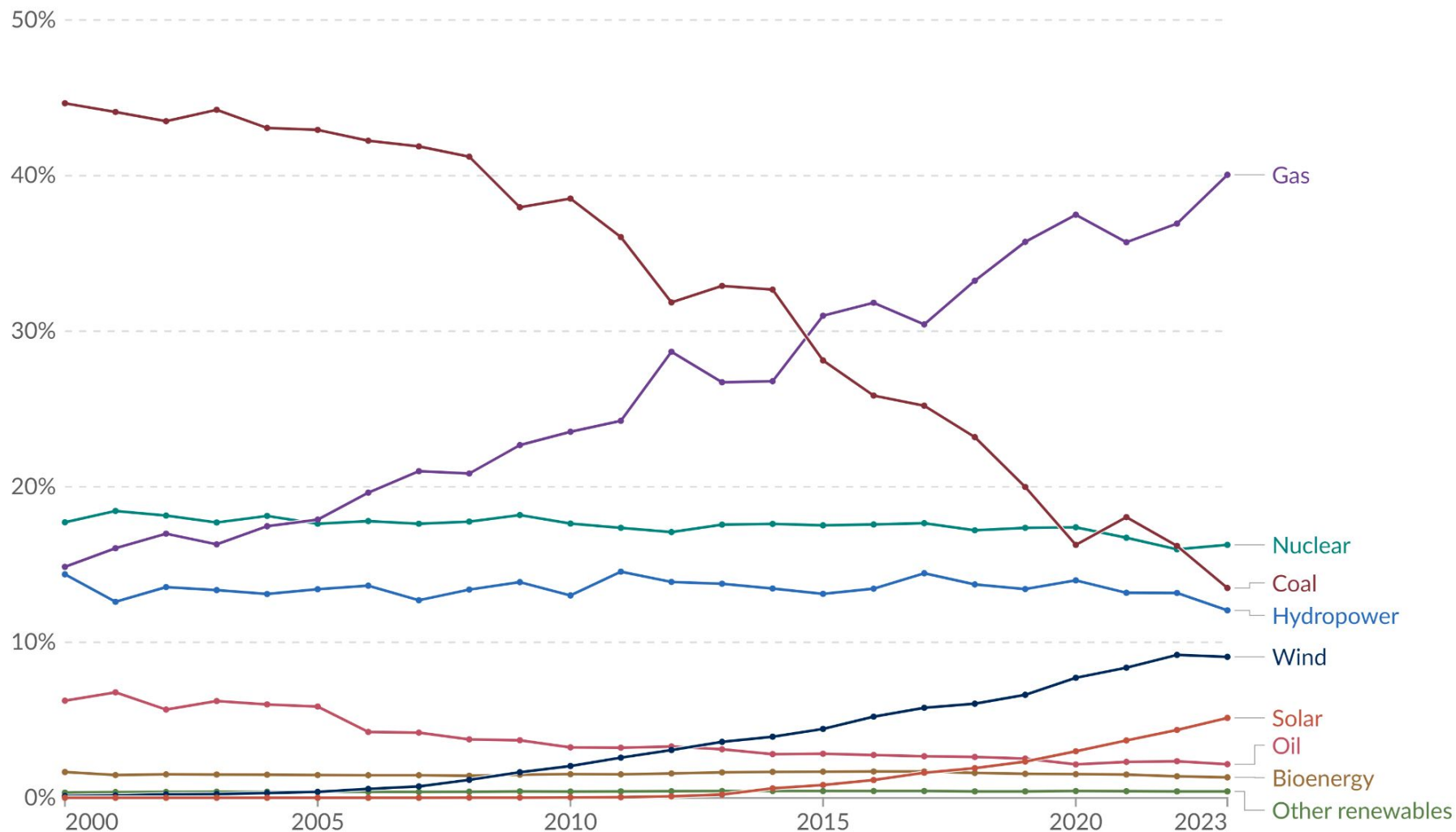
Coal Oil Gas Nuclear Hydropower Wind Solar Other renewables



Data source: Energy Institute - Statistical Review of World Energy (2025); Population based on various sources (2024)

Share of electricity production by source, North America

Our World
in Data



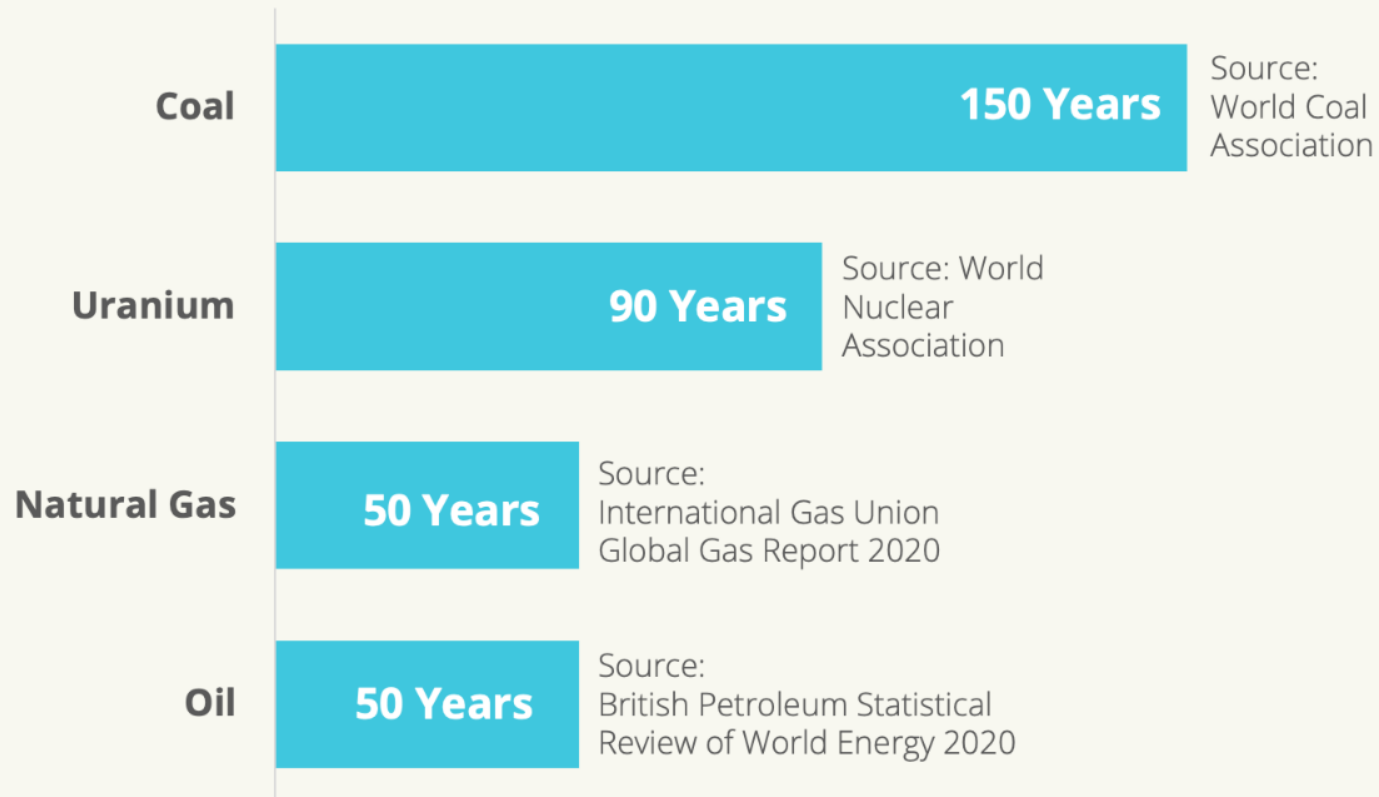
Data source: Ember (2026); Energy Institute - Statistical Review of World Energy (2025)

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Note: "Other renewables" include geothermal, wave, and tidal.



Industry estimates of economically viable fossil fuel reserves



FREEING
ENERGY

The SI unit of energy is Joule and its commercial unit is kWh.

The relationship between 1 kWh and SI unit of energy is as follows:

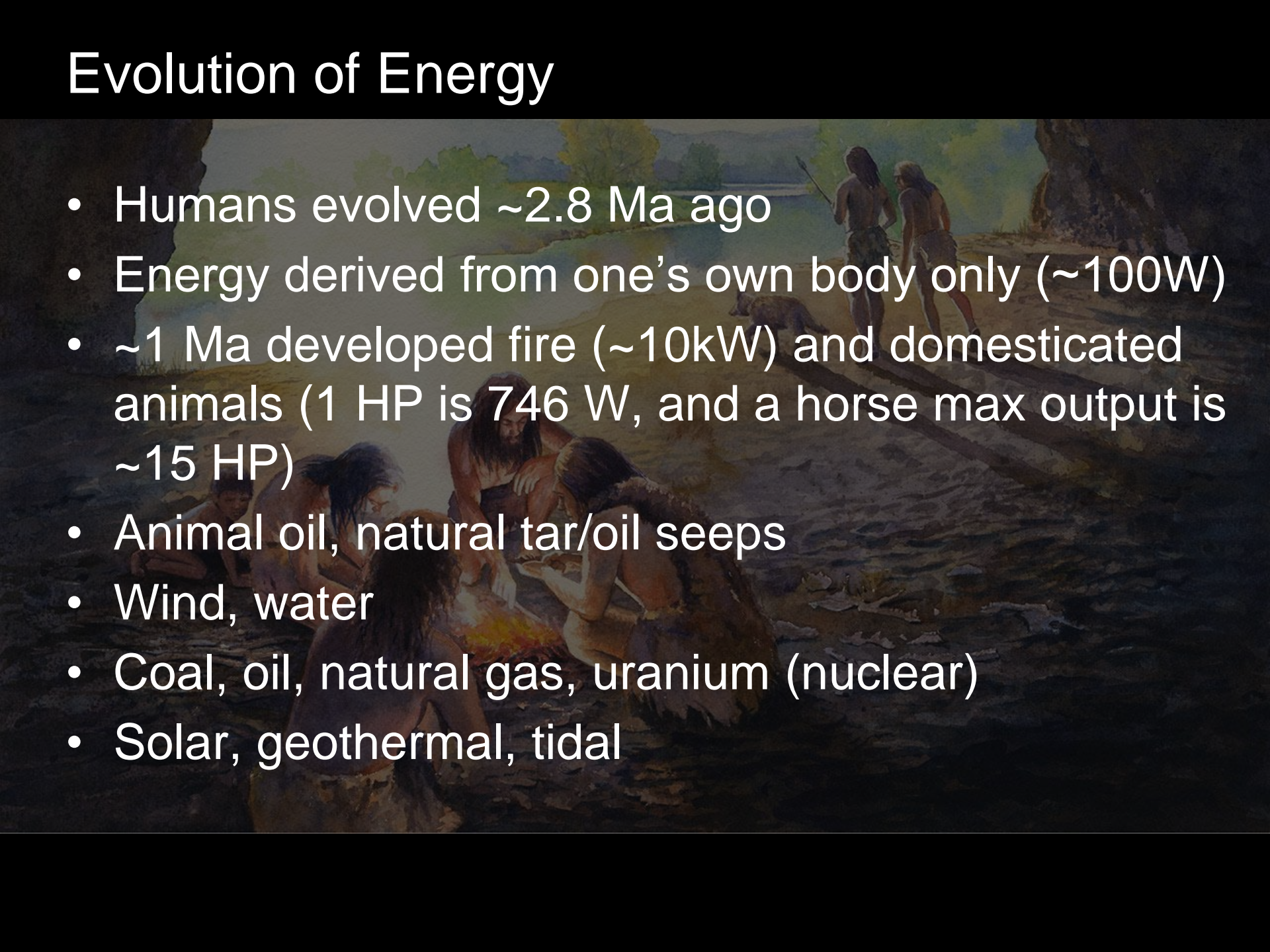
$$1 \text{ kWh} = 1 \text{ kW} \times 1 \text{ h} = 3,412.14 \text{ BTU}$$

$$= 1000 \text{ W} \times 3600 \text{ s}$$

$$1 \text{ watt} - \text{second} = 1 \text{ joule}$$

$$1 \text{ kWh} = 3600000 \text{ J}$$

Evolution of Energy

- Humans evolved ~2.8 Ma ago
 - Energy derived from one's own body only (~100W)
 - ~1 Ma developed fire (~10kW) and domesticated animals (1 HP is 746 W, and a horse max output is ~15 HP)
 - Animal oil, natural tar/oil seeps
 - Wind, water
 - Coal, oil, natural gas, uranium (nuclear)
 - Solar, geothermal, tidal
- 

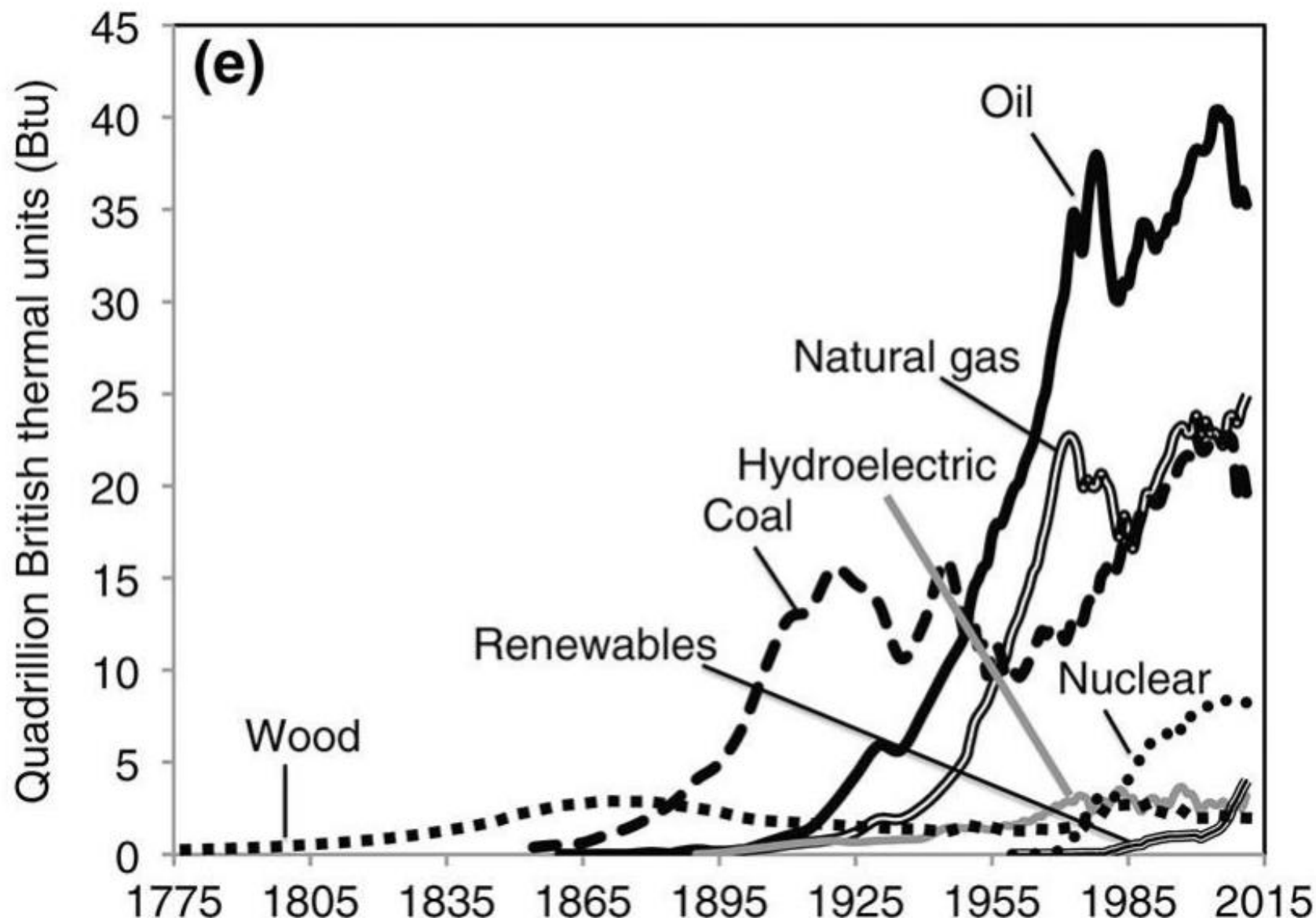
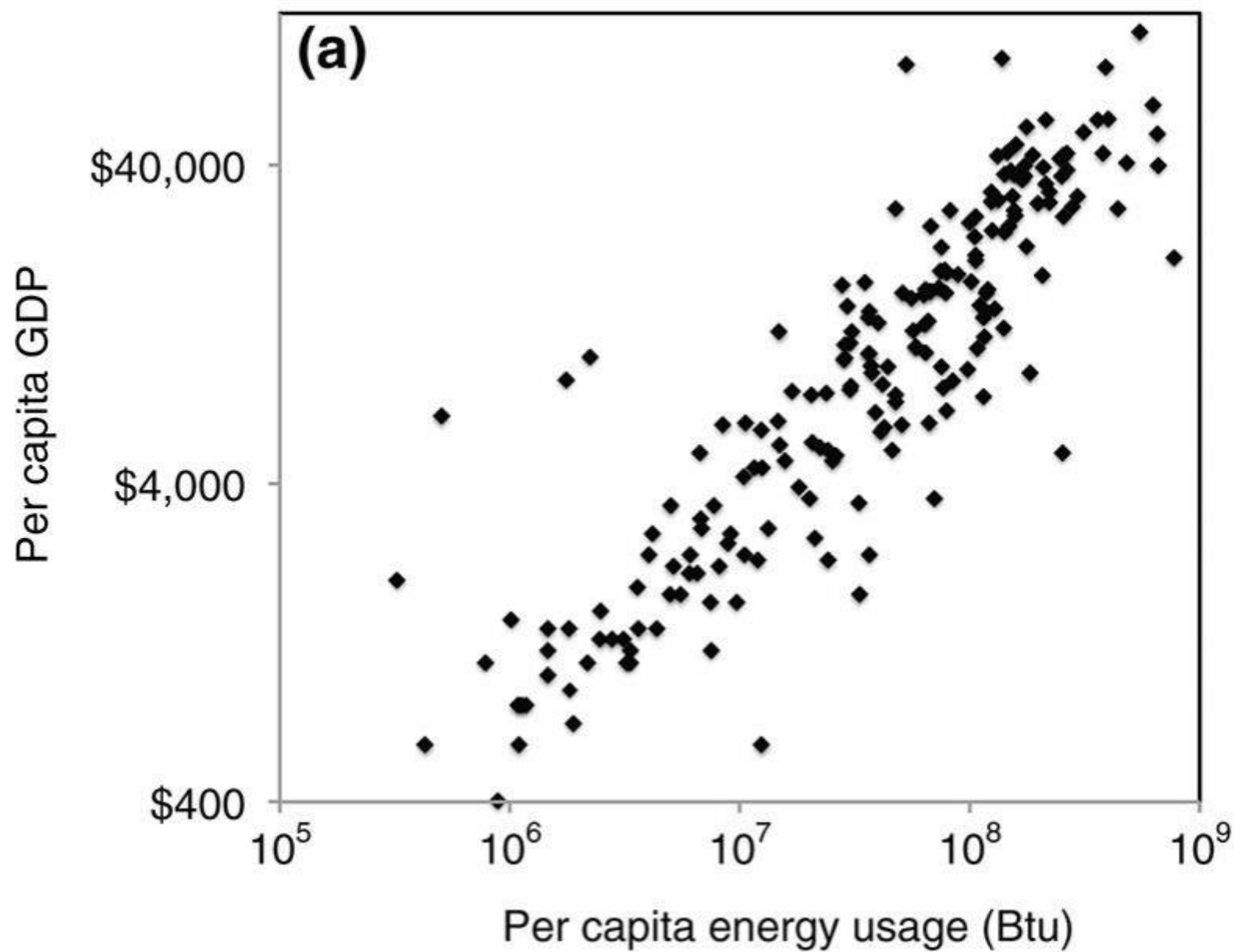


TABLE 3.3 | ENERGY CONTENT OF FUELS

Fuel	TYPICAL ENERGY CONTENT (VARIES WITH FUEL SOURCE)	
	SI units	Other units
Coal	29 MJ/kg	7,300 kWh/ton 25 MBtu/ton
Oil	43 MJ/kg	~40 kWh/gallon 138 kBtu/gallon
Gasoline	44 MJ/kg	36 kWh/gallon
Natural gas	55 MJ/kg	30 kWh/100 cubic feet 1,000 Btu/cubic foot
Biomass, dry	15–20 MJ/kg	13–17 MBtu/ton
Hydrogen gas (H ₂) burned to produce H ₂ O	142 MJ/kg	320 Btu/cubic foot
Uranium, nuclear fission:		
Natural uranium	580 GJ/kg	161 GWh/tonne
Pure U-235	82 TJ/kg	22.8 TWh/tonne
Hydrogen, deuterium–deuterium nuclear fusion:		
Pure deuterium	330 TJ/kg	
Normal water	12 GJ/kg	13 MWh/gallon, 350 gallons gasoline equivalent per gallon water



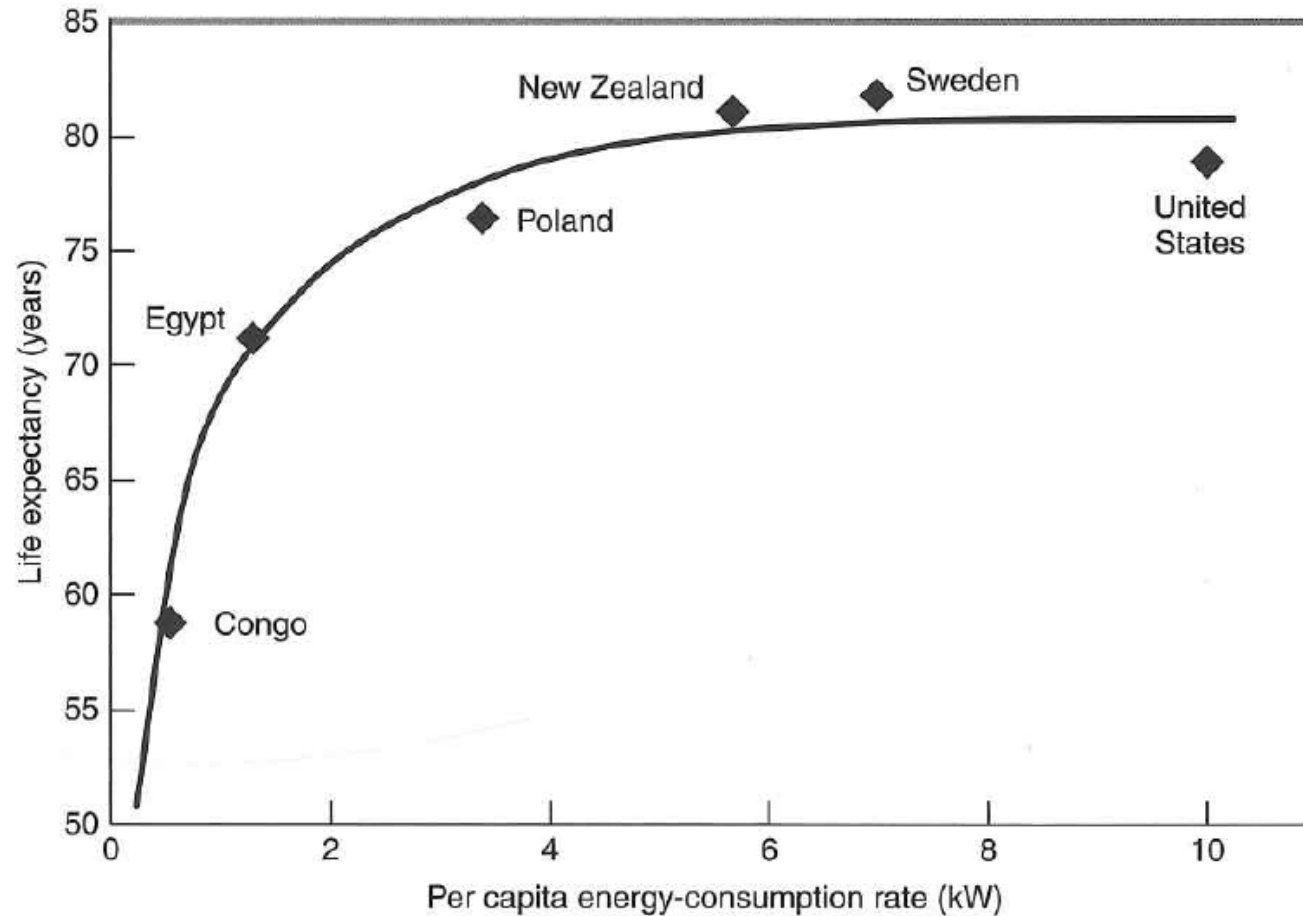


FIGURE 2.9

Life expectancy versus energy consumption for the six countries that lie near the line in Figure 2.7. Only at very low energy-consumption rates is there a correlation; at higher energy-consumption rates, the life expectancy curve saturates. Many other quality-of-life indicators show similar behavior in relation to energy consumption.

Why does the curve flatten?

Is GDP the best indicator of quality of life?

- cleaning up oil spills, building prisons, health care for an unhealthy population