Berger's Summary Statement:

The fundamental dialect process of society consists of three moments, or steps. Only if these three moments are understood together can an empirically adequate view of society be maintained.

Externalization is the ongoing outpouring of human being into the world, both in the physical and the mental activity of humans.

Objectivation is the attainment of the products of this activity (again both physical and mental) of a reality that confronts its original producers as a facticity external to and other than themselves.

Internalization is the reappropriation by humans of this same reality, transforming it once again from structures of the objective world into structures of the subjective consciousness.