Quiz 2 Study Guide

This is essentially an overview of everything we've covered in class as well as some things we didn't cover but you read about in the text. Although this may serve as a guide for studying, this is NOT a contract of what will be on the test. Good luck studying!!

Chapter 7

- Acquired needs where they come from
- Quasi-needs definition; how they compare to true needs
- Social needs how they motivate behavior
- Achievement definition, types of standards, influences
- Atkinson's Model know the general concept behind the theory, understand the variables within the formula (don't need to know the formula itself)
- Dynamics of Action Model
- Contemporary approach to achievement
- Mastery vs. performance goals (know results of Elliot & Church study)
- How need for achievement is satisfied
- Affiliation & Intimacy definition, how are these 2 related?
- Conditions involving affiliation & intimacy needs, & how they are satisfied
- Power definition, how manifested & satisfied
- Leadership motive pattern

Chapter 8

- How cognition is related to motivation
- Tolman intervening variable model
- Lewin need-intention-tension model
- Plans definition & TOTE model
- Corrective motivation
- Goals definition
- Goal-Performance discrepancy know two types of discrepancy
- Relationship between goals and performance
- Goal acceptance what does it depend on
- Long-term vs. Short-term goal setting, effects on performance, persistence, & intrinsic motivation
- Criticisms & concerns of goal setting

Chapter 9

- Expectancy definition
- Efficacy expectation definition, causes
- Self-efficacy definition, what it impacts
- Outcome expectations definition, determinants
- Expectancy Theory (VIE Theory)
- Dimensions of attributions locus, stability, controllability
- Learned Helplessness definition, components
- Seligman & Maier study (the dogs.....) know basic findings of the study (i.e., what it taught us)
- Effects of Learned Helplessness
- Learned laziness definition
- Reactance definition, how it relates to learned helplessness

Work Motivation

- What is work motivation
- Maslow's Need hierarchy know what the five levels are
- Alderfer's ERG know the three components
- Similarity/Difference between Maslows & Alderfer's Theories
- Herzberg's 2 factor Theory know the 2 factors and how they motivate
- Equity Theory- 4 necessary components, restoration of equity
- Hackman & Oldham's Job Characteristics Model What are its 5 core job characteristics, what are the critical psychological states, how do the job characteristics affect the psychological states